

RECORDS DE CLUB ESPOIRS M

	PERFORMANCES	NOMS ET PRENOMS	DATES	LIEUX	CO-DETENTEURS	RECORDS
50m	6"48	HERZOG Ronan	06/02/2016	Fronton		Club (ESM)
60m	7"22	ALLIER Jérôme	15/01/2022	Fronton		Club (ESM)
100m	10"99 (+1.1)	ALLIER Jérôme	04/06/2022	Pontoise		Club (ESM)
200m	22"29	ETIEVE Robin	19/01/2019	Aubiere		Club (ESM)
300m	37"27	ETIEVE Robin	01/08/2020	Agen		Club (ESM)
400m	51"60	BOURASS Adil	28/05/2014	Lormont		Club (ESM)
800m	1'51"74	BOURASS Adil	07/06/2014	Perigueux		Club (ESM)
1 000m	2'30"84	CHIARAMONTE Michael	21/04/2011	Toulouse		Club (ESM)
1 500m	3'48"62	HADJAM Abdelatif	23/06/2012	Carcassonne		Club (ESM)
3 000m	8'15"39	HADJAM Abdelatif	28/01/2012	Bordeaux		Records (Historique) Départemental
5 000m	16'46"57	ROUZAUD Benoit	20/05/2007	Toulouse		Club (ESM)
10 Km Route	32'17"	FAID Yacine	13/03/2011	St medard en ja		Club (ESM)
15 Km Route	48'21"	HADJAM Abdelatif	30/09/2012	Villeneuve-sur-lot		Records (Actuels) Régional
Marathon	3h00'11"	LABAN Yohan	27/10/2013	Toulouse		Records (Historique) Départemental
1/2 Marathon	1h11'57"	BERINGUIE Julien	07/03/2004	Blagnac		Records (Historique) Départemental
60m Haies(106)	9"48	GAZULES Tristan	20/12/2015	Foix		Club (ESM)
110m Haies (106)	16"81 (+0.5)	KOOB Killian	08/05/2022	Blagnac		Club (ESM)
400m Haies (91)	62"66	GAZULES Tristan	21/05/2017	Castres		Club (ESM)
2000m Steeple (91)	5'55"74	GODIN Antoine	17/10/2021	Saint Renan		Club (ESM)
3000m Steeple (91)	8'59"36	HADJAM Abdelatif	20/05/2012	Blagnac		Club (ESM)
Hauteur	1m98	OTTOGALI Laurent	23/01/2005	Fronton		Club (ESM)
Perche	3m40	DUBOE Paul	08/05/2016	Toulouse		Club (ESM)
Longueur	6m93 (+0.8)	ARIZA Esteban	18/06/2022	Albi		Club (ESM)
Triple saut	15m01 (+1,8)	DORET Édouard	05/06/2021	Pierre Benite		Club (ESM)
Poids (7.26 kg)	14m19	KOOB Killian	03/07/2022	Castres		Club (ESM)
Disque (2.0 kg)	41m52	KOOB Killian	17/10/2021	Saint Renan		Club (ESM)
Javelot (800 g)	47m29	DUBOE Paul	10/01/2014	Blagnac		Club (ESM)
Marteau (7.26 kg)	32m81	JUST Jerome	06/05/2012	Castres		Club (ESM)
Pentathlon ESH	2519 pts	KOOB Killian	19/12/2021	Fronton		Club (ESM)
Heptathlon SH	3 264 pts	GAZULES Tristan	14/11/2015	Fronton		Club (ESM)
4 X 100m	45"58	TOURTE-BORDENEUVE Leon/LORBER Nicolas/DORET Edouard/ETIEVE Robin	05/05/2019	Castres		Club (ESM)
4 X 200m	1'37"44	TOURTE-BORDENEUVE LEON/PAULIN FLORENT/GORJUX MAXIME/ROUCH FLORIAN	01/10/2016	Blagnac		Club (ESM)
4 X 400m	3'29"02	BOURASS ADIL/BENDERDOUCHE AHMED/CASSE MARTIN/CHIARAMONTE MICHAEL	20/05/2012	Blagnac		Club (ESM)
5 000m Marche	27'14"08	HONCA Vasile	11/12/2010	Fronton		Club (ESM)